SATEDA

Empowering women, ending domestic abuse

Domestic abuse - it's not always visible!

The Facts:

- Domestic abuse includes coercive control, emotional abuse, sexual abuse, physical abuse, economic abuse, harassment, stalking and online abuse
- 1 in 4 women in England and Wales will experience domestic abuse in their lifetime
- 2 women are killed every week in England and Wales by a current or former partner
- On average, a woman is assaulted 35 times before she calls the police
- Children are victims too. They can experience trauma for the rest of their lives

Look out for others

Women don't always recognise when they are living with abuse. Look out for your friends and loved ones.
Talk to them, **listen** and **signpost** for specialist help.

Find us on social media
@satedacharity

Registered Charity Number: 1155163
For more information call **01795 417251** or visit **sateda.org**

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Helping is easy and life-changing

- **Follow us on social media @satedacharity** and remember to share!

- **Volunteer!** Use your skills and compassion to help women and children who've experienced domestic abuse - email us! **admin@sateda.org**

- **Donate!**

SCAN ME!

- **Download and print the Warning Signs poster** to put up in women's toilets around Swale (workplace, noticeboards, cafes, pubs) to let victims & survivors know they're not alone & there is support available

SCAN ME!

Domestic abuse is everybody's business.
Let's end it together.